

Extending Care Beyond the Hospital

The FEU-NRMF Medical Alumni Society Outreach Program at Anawim Home for the Abandoned Elderly

September 8, 2026 • Anawim Home for the Abandoned Elderly • Rodriguez, Rizal



FEU-NRMF Medical Alumni Society members, healthcare professionals, and partners during the outreach visit to Anawim.

DATE	VENUE	PURPOSE
September 8, 2026	Anawim Home for the Abandoned Elderly	Service • Care • Fellowship

Healthcare extends beyond the walls of the hospital. It is also about reaching individuals and communities who may have limited access to care, companionship, and basic necessities. Guided by this commitment, the FEU-NRMF Medical Alumni Society organized its annual community outreach program at Anawim Home for the Abandoned Elderly on September 8, 2026, bringing together healthcare professionals, alumni, partners, and donors for an afternoon of service, compassion, and fellowship.

Located at Sitio Tanag, Barangay San Isidro, Rodriguez (formerly Montalban), Rizal, Philippines, Anawim provides a home for elderly individuals who have been abandoned or neglected and who require continuing care and support. Recognizing that the well-being of older adults extends beyond medical treatment, the activity sought to address various aspects of their lives, including health, nutrition, hygiene, comfort, and social and emotional well-being.

Meeting Essential Needs

One of the primary objectives of the activity was to help provide some of the residents' essential needs. Through the generosity of donors and supporters, the Society was able to gather medicines, hygiene kits, personal necessities, toiletries, medical supplies, and food, along with cash and other in-kind donations.



A Gesture of Generosity: The FEU-NRMF Medical Alumni Society's Monetary Donation to Anawim

While practical in nature, these contributions represented something much greater—a collective expression of concern and compassion for individuals who may have limited resources and support.

The activity also underscored the importance of preserving the dignity of older adults. Providing basic necessities is not simply an act of charity; it is an affirmation that every individual deserves comfort, respect, and compassionate care.

Healthcare Beyond Medical Treatment

The afternoon also included activities designed to promote physical comfort and well-being. Dr. Tan Cho-Chong's team provided therapeutic massage to the residents, offering an opportunity for relaxation and personal care.



Therapeutic massage provided as part of the afternoon's activities.

The experience highlighted the multidimensional nature of healthcare. For older adults, promoting well-being involves more than addressing physical concerns. It also means creating opportunities for meaningful interaction, enjoyment, relaxation, and human connection.

The Gift of Companionship

Perhaps one of the most meaningful aspects of the afternoon was simply the opportunity to spend time with the residents.

The activity featured a Hawaiian-themed party, with conversations, games, karaoke, shared activities, and plenty of laughter. These simple moments created opportunities for social engagement, companionship, and connection between the residents and volunteers.



For individuals living in residential care, moments of genuine human interaction can be especially meaningful. The experience at Anawim reminded everyone involved that sometimes, one of the most valuable things we can give is not something that can be purchased—it is our time, our attention, and our presence.



A Community Effort

The success of the activity was made possible through the collective efforts of the FEU-NRMF Medical Alumni Society, its members, partners, and generous donors. The activity was led by Dr. Maria Carmen Quevedo, President of the FEU-NRMF Medical Alumni Society, together with Dr. Michelle Enriquez-Gamboa, Chair of the Community Service Committee, whose efforts helped bring the outreach initiative to Anawim.



Members of the FEU-NRMF Medical Alumni Society during the outreach.

Their leadership, together with the participation of fellow physicians, alumni, partners, and supporters, helped mobilize the resources and coordination needed for the activity. Donations included medicines, hygiene kits, personal necessities, toiletries, medical supplies, food, and other cash and in-kind contributions.

The collaboration with One Dream Events also helped facilitate the activity, including its event coordination and logistics. The combined efforts of the organizing team, participating physicians, alumni, donors, and partners demonstrated how a shared commitment to service can bring together people from different backgrounds toward a common purpose.

More importantly, the doctors who took part in the visit contributed more than their professional expertise. They shared their time, presence, and compassion with the residents, participating in conversations and activities and helping create an atmosphere of warmth, fellowship, and genuine human connection.

“Service becomes most meaningful when we give not only what we have, but also who we are.”

More Than an Outreach Activity

The visit to Anawim was more than a one-day community service activity. It was an opportunity to reflect on the broader meaning of healthcare and professional service.

For healthcare professionals, caring for patients is often associated with diagnosis, treatment, and prevention. Yet the experience at Anawim reinforced another important dimension of care: compassionate presence.

The residents received not only medicines, food, and personal necessities, but also attention, conversation, smiles, laughter, and companionship. At the same time, the volunteers were reminded that meaningful service is measured not only by what we give, but also by the human connections we create along the way.

Continuing the Commitment to Service

The FEU-NRMF Medical Alumni Society's visit to Anawim reflects the continuing commitment of the medical community to extend service beyond the clinical setting. It demonstrates how alumni, healthcare professionals, donors, and community partners can come together to respond to the needs of vulnerable members of society.

Ultimately, the afternoon at Anawim was a celebration of care, generosity, dignity, and human connection.

As healthcare professionals and alumni, our responsibility does not end when a patient leaves the hospital. It extends into the communities we serve. Sometimes, the most meaningful care begins with something simple: showing up, listening, sharing a moment, and being present.

“Beyond medicine, we give our time, our compassion, and our presence.”